

Basketball Practice Mitigation Protocols

GREEN Low Risk

1. Head Coach must have negative COVID test prior to first day of practice. There will be no more than 15 players in the gym at any time. There will be no spectators allowed in the gym at any time.
2. Participants must come ready to participate, and leave to shower and change.
3. Face masks must be worn by players and coaches at all times. Eye-ware is also suggested for coaches when physical distancing is not possible.
4. Participants must maintain 6ft distance when possible.
5. Each participant must bring and use their own water bottle that is labeled and filled- no sharing.
6. Temperatures must be taken, and the YKSD Covid-19 ACTIVITIES questionnaire must be answered for each individual at the beginning of practice, before the participant may enter the gym.
7. If a participant is found to have any COVID-19 like symptoms, they may not practice or play until they have proof of a negative COVID-19 test, or symptoms are resolved.
8. Hands must be sanitized upon entrance of the gym, before first use of equipment, after each water break, and before leaving the gym at the end of practice.
9. Each participant will have a designated spot to sit and keep their water bottle, mask, and all other gear. This is also a good spot for players to go when coach is instructing.
10. Participants may not share towels, clothing, or other items including pennies
11. Participants should avoid all non-sport related contact. For example, high fives, fist bumps, hugs, and huddles.
12. To decrease the amount of hand to face contact NO FOOD is allowed.
13. All participants must use the outside gym entrance door, unless practice is held directly following their classes, at which time participants must use main entrance door to the gym. Coach may enter through the main school entrance to unlock the gym entrance door if needed.
14. Every 14 minutes shared equipment must be disinfected or replaced with a disinfected item.
15. At the end of practice all benches, chairs, door handles, bathrooms, balls, and all other equipment used including water station, must be sanitized properly before coach leaves the gym.
16. If a participant is in close contact with someone who has tested positive for COVID-19 they must quarantine for 14 days from the last day of contact with the individual who tested positive.
17. If a participant tests positive for COVID-19 they must isolate for 10 days from the date of testings, or the onset of symptoms, whichever is first.
18. School Principal will attend practice and train participants on mitigation protocols. Once trained, participants will be held responsible for following the mitigation efforts. Blatant disregard for these efforts will result in a 3 day suspension of practice with, or for the team.
19. A record of any person who enters the gym during practice time must be kept for contact tracing purposes.
20. There must be a minimum of 20 minutes between the end of one practice and the beginning of individuals showing up for following practice/event.

<p>YELLOW Medium Risk</p>	<p>All green mitigation protocols must be followed. Below are amended and additional protocols to be implemented in yellow.</p> <ol style="list-style-type: none">21. Conduct practice in pods of players, with the same players training together to limit exposure. Example pods: Guard pod, post pod, households combined, etc.22. Staggered pod water breaks are encourage to minimize congregated groups.
<p>RED High Risk</p>	<p>There will be no practice if the village is on quarantine. All Local Task Force mandates will be followed.</p>