



Alaska EXCEL Online Course Application 2020-2021

Student Information

Name: _____
(First) (MI) (Last)

Gender: Male Female Date of Birth: _____ (mm/dd/yyyy) Current Age: _____

Ethnicity: White African/American Hispanic Asian
 American Indian/Alaska Native. Native Hawaiian/Pacific Islander
 Two or more ethnic representation

Mailing address: _____

Physical address: _____

Personal email address: _____

School email address: _____

Grade: _____ School name: _____

Student phone number: _____

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Please review the course descriptions and check the course(s) you would like to participate in:

- Entrepreneurship Child Care (babysitting) Senior Transition
 Yupik Values & Language History & Fundamentals of Basketball Virtual Career Building

For the Virtual Career Building - Introduction to Careers course, **YOU** get to build it. Choose **FOUR** of the following for .5 high school credit **OR EIGHT** for 1 high school credit.

- | | | |
|---|--|---|
| <input type="checkbox"/> Aviation Careers | <input type="checkbox"/> Certified Nursing Asst. Careers | <input type="checkbox"/> Coaching Careers |
| <input type="checkbox"/> Construction Careers | <input type="checkbox"/> Cosmetology Careers | <input type="checkbox"/> Dental Careers |
| <input type="checkbox"/> Dressmaking Careers | <input type="checkbox"/> Education Careers | <input type="checkbox"/> Facilities Maintenance Careers |
| <input type="checkbox"/> Firefighting Careers | <input type="checkbox"/> Law Enforcement Careers | <input type="checkbox"/> Marketing Careers |
| <input type="checkbox"/> Careers in Non-profit | <input type="checkbox"/> Nursing Careers | <input type="checkbox"/> Paramedic Careers |
| <input type="checkbox"/> Personal Trainer Careers | <input type="checkbox"/> Postal Service Clerk | <input type="checkbox"/> Careers in Science |
| <input type="checkbox"/> Ship's Captain Careers | <input type="checkbox"/> Truck Driving Careers | |



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Student Recommendation and Expectations

Please have a teacher **OR** principal recommend you for the EXCEL course(s) by signing below.

Your conduct in the course, either with your answers, dialog with other students, or the instructor is to be respectful at all times as you would in any career.

ONLINE COURSE EXPECTATIONS

1. Bullying online or off is not tolerated at any time.
2. Online activity in this course is to be strictly professional.
3. You are expected to participate through online discussions and submit comments and assignments through Google Classroom.

I have read and understand the expectations and agree to abide by them while enrolled in Alaska EXCEL online courses. I also understand willful violation of these expectations may result in my immediate dismissal from the course.

_____	_____	_____
Student printed name	Student signature	Date
_____	_____	_____
Parent printed name	Parent signature	Date
_____	_____	_____
School principal or teacher printed name	School principal or teacher signature	Date

(Principal & Teacher: "I believe this student would be a good candidate for this online EXCEL course and would benefit from participation in this experience. This student would also represent themselves, our school, and our district well through their effort, respect, and good behavior.")



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Media Release Form

Dear Student and Parent/Guardian,

We may be recording (audio, video, and digital still photographs) teacher and student activities associated with, but not limited to the Alaska EXCEL programs. These recordings may be used for educational and informational use in a variety of media from our website and newsletters, to the Alaska EXCEL videos we produce. All the recorded material is the property of Alaska EXCEL. This may include screen shots of student activity.

Please read the following guidelines and check the corresponding box if you agree/disagree:

1. I give permission for my son/daughter to participate in any audio recordings, video recordings, and photography which may become part of materials or products possibly shared with other school districts and business partners.

2. I understand the intention of the recordings/photos and the purpose of the programs to be produced, as stated above.

I agree to the guidelines listed above and give permission for my child to participate in any media recordings associated with or obtained by the Alaska EXCEL program.

I disagree with the guidelines listed above and do not give permission for my child to participate in any media recordings associated with or obtained by Alaska EXCEL.

Student information:

Student printed name

Student signature

Date

Parent Information:

Parent printed name

Parent signature

Date



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Parent Survey (Required to Enroll Student in Online Courses)

Dear Parents/Guardians,

Your child's success is dependent on you. Please provide EXCEL **your VALUABLE feedback**, so we can offer the best services to your child.

1. Please indicate which Alaska EXCEL programs your child(ren) has participated in (please select all that apply):

- Alaska EXCEL Session(s) (Face-to-face)
- Alaska EXCEL Online Course(s)
- My student has not yet participated in an EXCEL Alaska activity

2. How satisfied are you with the **number of EXCEL online courses** your child(ren) can participate in this year? (See pages 5- 8 to answer this question.)

- Very satisfied Satisfied Neutral Dissatisfied Very Dissatisfied

I do not know enough about Alaska EXCEL online courses to answer this question.

3. How satisfied are you with the **variety of online courses available** to your child(ren) through the Alaska EXCEL program? (See pages 5- 8 to answer this question.)

- Very satisfied Satisfied Neutral Dissatisfied Very Dissatisfied

I do not know enough about Alaska EXCEL online courses to answer this question.

4. How satisfied are you with the **quality of online courses** offered to your child(ren) through the Alaska EXCEL program? (See pages 5- 8 to answer this question.)

- Very satisfied Satisfied Neutral Dissatisfied Very Dissatisfied

I do not know enough about Alaska EXCEL online courses to answer this question.

5. Do you see a need for an online course for your child(ren) not currently offered (by EXCEL or through the school district)? If so, please tell us your idea(s).



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Parent Survey (Required to Enroll Student in Online Courses)

Parent survey, continued:

Thinking about the **COVID pandemic**, how much have the following things been a barrier to your child's education?

1. Considering your internet connection at home, how much do you think this impacts your child's education over the Covid-19 pandemic?

Significant barrier Somewhat of a barrier Not a barrier This does not apply to me

2. Considering internet connectivity in your community, how much do you think it impacts your child's education over the Covid-19 pandemic?

Significant barrier Somewhat of a barrier Not a barrier This does not apply to me

3. Considering adult supervision over the course of a day, how much do you think your child's education was impacted by not being in a classroom?

Significant barrier Somewhat of a barrier Not a barrier This does not apply to me

4. How much do you think access to electronic devices (such as laptops or tablets) at home to take classes impacts your child's education during the pandemic?

Significant barrier Somewhat of a barrier Not a barrier This does not apply to me



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Online Course Descriptions

Career Technical Education (CTE) Courses – Online Delivery

*Alaska EXCEL, in partnership with Competitive Edge, will be hosting the following online courses. Competitive Edge developed the courses and Alaska EXCEL will be delivering the courses to students.

1. Entrepreneurship

Entrepreneurship (organizing and operating a small business) seems like a trendy word at times. Let's dig into what entrepreneurship *really* is, what it can look like, and explore who in your region or community is an entrepreneur. In this class, you will consider the potential of entrepreneurship in your future. By the end, you will also look at possible legal considerations in starting a business and learn who could help you out, not if you break the law, but if you want support in starting a new adventure. **(.5 high school credit)**

2. Child Care (Babysitting)

If you want to work at child care, this class will help you find out what it takes to be a good babysitter. If you already babysit, this class will broaden your skillset. You will learn practical childcare techniques, essential home management skills, and gain personal growth by practicing leadership. This course will dive into medical emergencies with infants and toddlers. You will learn basic home safety and first aid. This course will also be an introduction to child development, how to entertain young children, and how to care for sick children. Need behavior management strategies such as how to deal with tantrums? This course is for you! Be in demand with your newly loaded toolbox of child engagement and motivational strategies, leadership skills, cleaning skills, patience, problem-solving, and creativity skills. **(.5 high school credit)**

3. History and Fundamentals of Basketball

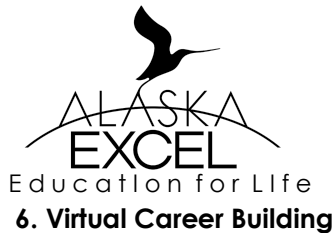
While hundreds of thousands of people have stepped on a basketball court, perhaps through intramurals, YMCA rec league, high school, colleges, Amateur Athletic Union (AAU), or even professional basketball, not many know the history of the sport and how the fundamentals came to exist. This course is designed for all – no matter your skill level or amount of time you have played. This course will provide you with the history and fundamentals linking the first-ever peach basket to the 2020 NBA Finals. **(.5 high school credit)**

4. Senior Transition

Hey, seniors! Need help with all the difficult steps it takes to get ready for life after high school? Prepare your *Personal Learning & Career Plan* (PLCP) and use it as your guide to successfully reaching your goals. If your goal is to go to college, trades school, military, or right into the workforce, this course is for you. Included in this session is a chance for 20 seniors to be selected for a free driver's education course (in Anchorage) and a two-week paid entry-level work experience. **(.5 high school credit)**

5. Yupik Values and Language

This course is designed to teach you about Yupik values and learn common Yupik words and phrases to refresh your Yupik language skills. You can reach back to your heritage and learn to speak Yupik. If you are new to the Yupik language, this class is for you, too! Discussion topics will include the importance of keeping cultures, languages, and traditions alive and well. **(.5 high school credit)**



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You get to build this course! If you want to earn **.5 high school credit**, choose four of the following *Introduction to Careers* sessions. With eight, you can earn **1 high school credit**. In addition to learning about careers of your choice, you will learn through self-assessments what careers are the best fit for you. You will find out what employability skills are, how to apply for a job, along with how to interview for a job, and the all-important, how to keep a job.

6.1. Introduction to Aviation Careers

Do you like flying? There are many options in the aviation industry such as mechanics, managers, pilots, flight attendants, air traffic controllers, dispatchers, and rampers. You will experience an overview of what it is like to study aviation, what the costs are associated with owning an airplane and flight instruction. You will learn the steps to become a licensed pilot. This course will give you the tools to know if aviation is a path you would like to explore further.

6.2. Introduction to Certified Nursing Assistant (CNA) Careers

The employment forecast for medical careers is the highest of any industry in Alaska and CNAs are always in demand. Students enrolled in this course will learn about what a CNA does, the requirements to become a CNA, and where you can obtain training.

6.3. Introduction to Coaching Careers

Have you ever thought about the coaches you have had and how they have inspired you (or not)? This course will introduce you to the best practices of coaching sports as a career. We will teach you the finer points of coaching to keep your team learning, competitive, inspired, and engaged for the entire season.

6.4. Introduction to Construction Careers and Basic Safety

Since ancient times, humans have had the need to build. Humans have built structures for basic necessities such as shelter for living space, to congregate, or to herd and protect animals. Always, it has involved some type of construction. This course will introduce you to some different fields in construction. Hand-in-hand with construction is the element of safety. This session will touch upon core safety principles in the field of construction.

6.5. Introduction to a Cosmetology Career

Are you interested in the art of beauty treatment? Do you like styling hair and giving manicures? If your answer is "yes," then becoming a hair stylist may be the career for you. This course will give you an overview of the preparation, education, wages, and the employment forecast of a cosmetologist.

6.6. Introduction to Dental Careers

Interested in working in dental health but not sure what profession? This course will dig into the many different careers dental health has to offer. Find out what the path to working in dental entails, the wages you could earn, and what a day in the life of each different dental profession is like.

6.7. Introduction to Dressmaking Careers

Do you enjoy designing and making clothes? Do you think it's possible to actually make money sewing clothing? Do you know people pay someone skilled in clothing construction to hem pants, sew on buttons, and make prom and wedding dresses? This overview of clothing construction will introduce you to the concepts of how to make money with a fun and creative skill. This class zips together with the *Entrepreneurship* session perfectly.



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6.8. Introduction to Education Careers

Do you enjoy teaching others? You will experience an overview of the different paths you can take to become an educator. You will learn the kind of preparation, wages, employment and job outlook, as well as where you can get the education you need.

6.9. Introduction to Facilities Maintenance Careers

"A jack of all trades" is having the ability to be skilled in a number of mechanical fields! This course will explore how someone who enjoys maintaining and repairing equipment and structures in areas of heating, ventilation, and air conditioning (HVAC), as well as carpentry, electrical, and plumbing would make an excellent facilities maintenance technician. If you are someone who likes to fix things, this would be your introductory course.

6.10. Introduction to Firefighting Careers

Do you like the outdoors and hard physical work? There are many options to explore in the firefighting world. Fire Inspectors, Fire Investigators, and Firefighters are just a few examples. You will learn working conditions, physical demands, wages, employment outlook, as well as where you can go to get the training you need.

6.11. Introduction to Careers in Law Enforcement

Do you ever wonder why police officers do certain things? Maybe you wonder why the courts do or don't do something? Do you think justice is unjust? Perhaps you really want to help your community or the state. Explore law enforcement from the perspective of an officer to help you understand the criminal justice system, think critically, and understand just how many employment options there are - with and without a badge and gun.

6.12. Introduction to Careers in Marketing

Did you know the majority of online/digital content we see was made for us? In these times of digital technology there are many options. Let's scroll through some of the different types, techniques, and failures in marketing. This session would pair nicely with the *Entrepreneurship* session, the *Introduction to Construction* session (think about owning your own construction business), or even the *Preparing for Dressmaking Careers*.

DISCLAIMER: This course may or may not give you more followers on Facebook, Instagram, Snapchat or TikTok.

6.13. Introduction to Careers in Non-Profit

"So, if I work for a non-profit, does that mean I don't make any money?" Simply put, no. Let's explore the world of non-profit. Alaska nonprofits play a central role in the state's economy, giving jobs to over 44,000 Alaskans. In rural Alaska, it makes up 40% of all employment. So why not learn how to be a successful employee at one or even create a non-profit of your own?

6.14. Introduction to Nursing Careers

Students enrolled in this course will learn about the roles and responsibilities of nursing as well as the requirements to get into a training program to study nursing. You will learn what schools offer 2-year degree programs or 4-year degree programs and the difference between the two. You can prepare yourself to become a nurse. Enroll in this session and see how!

6.15. Introduction to Paramedic Careers

Are you interested in helping people in life-and-death situations? Are you interested in an exciting, fast-paced career? Students enrolled in this session will learn about what duties



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paramedics perform, where to obtain training, the requirements to get into a paramedic program, and how to get a job as a paramedic and keep it!

6.16. Introduction to a Personal Trainer Career

If you enjoy the healthy competition of sports and having the opportunity to be around athletic people, a career as a personal trainer might be an excellent choice. Personal trainers focus on building an athlete's strength, range of motion, balance, and coordination, geared to the whole body and the sport. You can encourage, teach, and motivate others to "be like Mike."

6.17. Introduction to a Postal Service Clerk Career

Are you a detail-oriented person? Did you learn your sorting lessons well in Kindergarten? Then you might like to experience this overview of what a postal service clerk does. You can find out the kind of preparation and education is needed, what wages postal clerks earn, the benefits of working for the federal government, and the employment outlook. Students taking this course find out how and where to apply to the United States Postal Service!

6.18. Introduction to Careers in Science

Calling all future Scientists! Interested in science and the environment? This course will introduce some of the careers, different fields of study, and the pathways it takes to get there. Want to get some experience before graduating? Learn about the different internships happening across the state and how to find them.

6.19. Introduction to a Ship's Captain Career

If you enjoy running your own skiff and being on the water, then you might want to find out how different it would be if you were a cargo or a cruise ship's captain. This session will navigate you through the duties of a captain, what licenses are required, what education/experience/expectations are required to be a mariner and where you can get trained. You will learn what wages mariners earn, the employment outlook, and more!

6.20. Introduction to Truck Driving Careers

Do you ever think about how things get to the North Slope, how the mail is transported around the states, or who drives shipments up the ALCAN or Dalton Highway? Trucking is a very important part of the supply chain. This course will steer you through what a truck driver does, what kind of preparation and licenses it takes, and where you can get the required certifications.

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