
































# NOVEMBER


## Breakfast & Lunch Menu Calendar


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\*Menu Subject to Change\*

Monday	Tuesday	Wednesday	Thursday	Friday
<b>2-Nov</b>  Biscuits Scrambled Eggs Mandarin Oranges & Pears FF Milk, 1% Milk  Rice & Gravy Roasted Broccoli Pears FF Milk, 1% Milk	<b>3-Nov</b> French Toast Sticks Sausage Links, Blueberries Fruit Juice FF Milk, 1% Milk  Beef Tacos Beans Mandarin Oranges FF Milk, 1% Milk	<b>4-Nov</b>  *Oatmeal Bar Shredded Coconut Fruit Juice FF Milk, 1% Milk Chicken Alfredo Bread Sticks Peaches, Corn FF Milk, 1% Milk	<b>5-Nov</b>  Pancakes Eggs Tropical Fruit & Peaches FF Milk, 1% Milk Moose/Beef Stew Breadsticks, Yogurt Mixed Berries FF Milk, 1% Milk	<b>6-Nov</b>  Banana Bread Smoothies Pears Chocolate Milk, 1% Milk Chicken Nuggets Baby Carrots, Pears Chocolate Chip Cookies Chocolate Milk, 1% Milk
<b>9-Nov</b>  Yogurt  Cereal Blueberries FF Milk, 1% Milk Chili Bread Sticks Tropical Fruit FF Milk, 1% Milk	<b>10-Nov</b>  Blueberry Muffins Yogurt Mixed Berries Chocolate Milk, 1% Milk  Quesadillas Potato Wedges Mandarin Oranges FF Milk, 1% Milk	<b>11-Nov</b> Breakfast Burrito Sour Cream, Salsa Juice, Peaches FF Milk, 1% Milk Enchiladas Green Beans Pears FF Milk, 1% Milk	<b>12-Nov</b> *Oatmeal Bar Sausage Links Berries FF Milk, 1% Milk Spaghetti, Breadsticks Broccoli Peaches FF Milk, 1% Milk	<b>13-Nov</b>  Cooks Choice Pancakes Potato Wedges Mandarin Oranges FF Milk, 1% Milk  Pizza Baby Carrots Tropical Fruit Chocolate Milk, 1% Milk
<b>16-Nov</b>  Yogurt  Cereal Blueberries, Juice FF Milk, 1% Milk Chicken Nuggets Rice, Stirfry Pears FF Milk, 1% Milk	<b>17-Nov</b>  Biscuits Scrambled Eggs Tropical Fruit FF Milk, 1% Milk  Quesadillas Potato Wedges Peaches FF Milk, 1% Milk	<b>18-Nov</b>  Chocolate Chip Pancakes Potato Wedges Mandarin Oranges FF Milk, 1% Milk Moose/Beef Stew Breadsticks, Yogurt Berries FF Milk, 1% Milk	<b>19-Nov</b> *Oatmeal Bar Sausage Links Juice, Peaches FF Milk, 1% Milk  Rice & Gravy Roasted Broccoli Pears FF Milk, 1% Milk	<b>20-Nov</b>  Banana Bread Smoothies Fruit Cup Chocolate Milk, 1% Milk Spaghetti, Bread Sticks Baby Carrots Mandarin Oranges Chocolate Milk, 1% Milk
<b>23-Nov</b> *Oatmeal Bar Sausage Links Peaches FF Milk, 1% Milk Chicken Alfredo Breadsticks, Baby Carrots Tropical Fruit FF Milk, 1% Milk	<b>24-Nov</b> French Toast Sticks Sausage Links, Blueberries Pears FF Milk, 1% Milk  Beef Tacos Beans Mandarin Oranges FF Milk, 1% Milk	<b>25-Nov</b>  Biscuits, Gravy Scrambled Eggs Juice, Peaches FF Milk, 1% Milk  Salt & Pepper Salmon Bouillon Rice Corn, Pears FF Milk, 1% Milk	<b>26-Nov</b>  Blueberry Pancakes Potato Wedges Mandarin Oranges FF Milk, 1% Milk Chili Bread Sticks, Broccoli Tropical Fruit FF Milk, 1% Milk	<b>27-Nov</b> Breakfast Burrito Pears Juice Chocolate Milk, 1% Milk  Pizza Coleslaw Mandarin Oranges Chocolate Milk, 1% Milk
<b>30-Nov</b>  Biscuits Scrambled Eggs Mandarin Oranges & Pears FF Milk, 1% Milk  Rice & Gravy Roasted Broccoli Pears FF Milk, 1% Milk	<b>1-Dec</b> French Toast Sticks Sausage Links, Blueberries Fruit Juice FF Milk, 1% Milk  Beef Tacos Beans Mandarin Oranges FF Milk, 1% Milk	<b>2-Dec</b> *Oatmeal Bar Shredded Coconut Fruit Juice FF Milk, 1% Milk Chicken Alfredo Bread Sticks Peaches, Corn FF Milk, 1% Milk	<b>3-Dec</b>  Pancakes Eggs Tropical Fruit & Peaches FF Milk, 1% Milk Moose/Beef Stew Breadsticks, Yogurt Mixed Berries FF Milk, 1% Milk	<b>4-Dec</b>  Banana Bread Smoothies Pears Chocolate Milk, 1% Milk Chicken Nuggets Baby Carrots, Pears Chocolate Chip Cookies Chocolate Milk, 1% Milk

\* Oats are naturally gluten free. This oat product may have been processed in a facility with gluten, therefore is not certified gluten free.

 Vegetarian

 Gluten Friendly